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Valentine's Day

February 14th is a special day. It's Valentine's Day. It's a day to tell somebody that you love them. This tradition started in Europe more than 600 years ago. About 200 years ago, people started sending Valentine's cards. The cards have messages of friendship and love. Sometimes the cards do not say who they are from. It's a secret and the person never knows who sent the card. Today people send cards or give presents, such as flowers and chocolates, on Valentine's Day.